



Episode 6: Every Orca Has a Gift

~ Parent Guide ~

Your way of noticing matters

Kiko's story creates a gentle opening to talk about comparison, confidence, and the quieter strengths children may not recognize in themselves.

Before Listening

What does it mean to have a gift?

Can a gift be something quiet, like listening or noticing?

What is something you appreciate about another person?

After Listening

Why did Kiko think she was not good at anything?

What changed when Kiko stopped trying to copy everyone else?

How did Kiko's listening help the pod?

Why did Grandma say the pod needed a Kiko?

What is something you notice that other people sometimes miss?

A Deeper Conversation

Comparison: Admiring someone can help us learn, but constant comparison can hide our own strengths.

Growth: Kiko's earlier adventures mattered because they helped her practice courage, calm, and care.

Belonging: The pod values Kiko not because she becomes someone else, but because she contributes as herself.

Family Activity: Gift Spotting

Give every family member one small piece of paper. Write or draw a strength you have noticed in each person. Include quiet strengths such as asking thoughtful questions, remembering details, helping someone feel included, or noticing changes outdoors.

Read the observations aloud and complete: "Our family needs your gift of _____."



Nature Walk: The Noticing Challenge

Take a 15-20 minute walk and look for:

- Something moving slowly
- Something making a tiny sound
- A pattern of light or shadow
- Something another person walked past
- One question you cannot answer yet

At the end, let each person share one discovery. There is no prize for noticing the “best” thing; the point is that different people notice different things.

Ocean Wonder: Wild Orcas

Every orca has a role to play. Some lead the way, some help care for calves, some remember safe routes across the ocean, and some are especially skilled at finding food. Just like an orca pod, our families and communities are strongest when everyone contributes their own unique gifts.

And not all orcas eat the same foods! Kiko's fictional family belongs to a group of orcas that mostly eats fish, especially salmon. Other orca families around the world eat different foods, like squid, marine mammals or even sharks! Just like people have favorite meals, different orca families have different traditions and recipes that they pass down from one generation to the next!